



Winter Slips, Trips, and Fall Hazards – 11/30/25 – 12/06/25

1. WHEN DO I NEED TO USE ICE CLEATS?

Accumulations of snow and ice can make the parking lot or areas of the workplace hazardous. Typically, the first person to arrive at work is tasked with spreading sand or salt to minimize the hazard of slippery areas. Sometimes the sand/salt mixture can still leave slippery sections, or the task doesn't get fully completed before workers start to arrive.

Additionally, we sometimes fail to recognize these same hazards also exist at home when we're in a hurry to get into our vehicles and head to work. During wintry weather, using ice cleats strapped to your boots will help ensure you have sufficient grip to avoid slipping and injuring yourself.

2. WHAT ARE THE DIFFERENT TYPES OF ICE CLEATS?



- Flip style cleats stay on your boots and are flipped up when not needed.



- Removable crampon style is attached to your boot.



- Removable economical ice cleats attach to your boot.



3. HOW TO PROPERLY WEAR ICE CLEATS TO ELIMINATE WINTER

The activity being performed will determine what is the best type of Ice Cleat to wear.

1. For traveling to your vehicle and from your vehicle into work the flip style works best because they can be quickly flipped up out of the way but still on your boots for when you need them. Mobile Equipment operators may want to use these as well so that they can flip the ice cleats down after they get down from their equipment.
2. For workers spending a considerable amount of time outside on slippery surfaces both the crampon style and economical ice cleats are appropriate as long as they are removed when you go indoors or drive a vehicle. Ice cleats will help to eliminate slips, trips and falls during wintry conditions if they are immediately available (flip style) or robust enough for extreme conditions that you may find outdoors (crampon or economical removable type).



